Workers' Compensation: 10 Day Providers
(in order by city the facility is located)

|  |  |  |  |
| --- | --- | --- | --- |
| **Facility** | **Providers** | **Address** | **Contact Information** |
| [Central Maine Partners In Health](http://www.cmph1.com/) | Alan Bean, MD Stacie Kunas, FNP Ian Buchan, PA | 690 Minot Ave Auburn, ME 04210 | phone: (207)783-0221 fax: (207)783-2121erinc@cmph1.com |
| [WorkMed](http://www.stmarysmaine.com/Community-Health/workmed.html) | Jonathan Torres, MD Kathy Long, PA-C Rosanne Marquis, NP | 15 Gracelawn Rd Auburn, ME  04210 | phone:  (207)753-3080 fax: (207)753-3088bnormandeau@stmarysmaine.com |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/augusta-urgent-care/) | Joseph Castorina, MD Jason Chretien, PA Michael Blab, MD | 219 Capitol St Augusta, ME  04330 | phone: (207)629-5005 fax: (207)629-5220mary.kenney@concentra.com |
| [Workplace Health](http://workplacehealth.mainegeneral.org/) | Nielson Haas, MD Laurie Robinson, PAKevin Ward, ANP Gerald Hussar, FNP | 15 Enterprise Drive Suite 200 Augusta, ME  04330 | phone: (207)621-7550 fax: (207)621-7551workplacehealth@mainegeneral.org |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/bangor-urgent-care/) | Andrea Barr, FNP Eric Semmel, PA Ronald Oldfield, PA | 34 Gilman Rd Bangor, ME  04401 | phone: (207)941-8300 fax: (207)947-3134val.grenier@concentra.com |
| [St. Joseph WorkWell](http://www.stjoeshealing.org/our-services/specialty-services/WorkWell.asp) | Craig Curtis, MD Sherrie Downing, PA-C Mike Rizzo, FNP | 900 Broadway Building 1 PO Box 403 Bangor, ME  04402 | phone: (207)907-3010 fax: (207)907-3011alicia.irish@sjhhealth.comterri.harnish@sjhhealth.com |
| [WorkHealth LLC](http://www.workhealthllc.org/Home.aspx) | Howard Jones, MDLisa Gordon, PATom Robinson, PA | 885 Union StSuite 215Bangor, ME 04401 | phone: (207)973-7380fax: (207)973-7328 |
| Health Connections | Tori Hall Lowe, PADr. Kilgour, Med. Dir.Matthew Turner, PA | 163 Northport AveBelfast, ME 04915 | phone: (207)338-8412fax: (207)930-2599dwcollins@penbayhealthcare.org |
| [WorkWell SMHC - Medical Center](http://www.smmc.org/medical-services-overview/workwell-occupational-health) | Paul Upham, MD A. Desarno-Rubinoff, NP James Longstaff, MD | One Medical Center Dr Biddeford, ME  04005 | phone: (207)283-7600 fax: (207)283-7606sdmiller@smhc.org |
| Concentra | Joseph Castorina, MDJason Chretien, PA | 10 Hospital StBridgton, ME 04268 | phone: (207)647-6063fax: (207)647-6013kristen.searles@concentra.com |
| [US Healthworks](http://www.ushealthworks.com/Medical-Center/Maine/Brunswick.html) | Bart Decristosoro, PA | 11 Medical Center Brunswick, ME  04011 | phone: (207)725-2697 fax: (207)729-4719stacey.hurd@ushworks.com |
| [WorkWise at Mayo Regional Hospital](http://www.mayohospital.com/depart/dept_workwise.php) | Eric Semmel, PA-C | 897 West Main St Suite 200 Dover-Foxcroft, ME  04426 | phone: (207)564-4338 fax: (207)564-4370kwakefield@mayohospital.com |
| [Coastal Health Center](http://www.coastalhealthcenter.com/) | Stephen Nightingale, MD Shannon Curtis, FNP | 37 Commerce St Ellsworth, ME  04605 | phone: (207)667-2422 fax: (207)667-0135jcushing@mainehospital.org |
| [Franklin Memorial Hospital](http://www.fchn.org/fmh/services/occupational-health) | Michael Rowland, MD Joseph Conrad, PA | Stanley Health Center 111 Franklin Health Commons Farmington, ME  04938 | phone: (207)779-2367 fax: (207)779-2585hgreenleaf@gchn.org |
| [Katahdin Valley Health Center](http://kvhc.org/) | Audie Horne, PA-C Robert Lemoine, FNP | 59 Bangor St Houlton, ME  04730 | phone: (207)521-0022 fax: (207)528-2595ehagerman@kvhc.org |
| Arnold Memorial Medical Center | Steven Weisberger, DO Terri Weisberger, NPRyan Byers, PA Melissa Moffett, PA  | 70 Snare Creek Lane Jonesport, ME  04649 | phone: (207)497-5614 fax: (207)497-5554Send medical records to Tracy at medrecords@ammc.usSend admin requests to Laurie at lauriec@ammc.us |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/lewiston-urgent-care/) | Stephen Brewster, MD David Davidson, PA-C Jason Chretien, PA Suzanne Meub, NP | 59 East Ave Lewiston, ME  04240 | phone: (207)784-1680 fax: (207)783-9649karen.ouellette@concentra.comsandra.myers@concentra.com |
| [Health Access Network](http://www.hanfqhc.org/) | Bud Staley, PA-C Chris Mannari, PA-C | 175 West Broadway PO Box 99 Lincoln, ME  04457 | phone: (207)794-6700 fax: (207)794-6777rdrost@hansqhc.orgjleblanc@hansqhc.org |
| [Penobscot Valley Hospital](http://www.pvhme.org/pvh.nsf/HomePage/Home) | Carl Alessi, MD Bill Head, PA | 7 Transalpine Rd Lincoln, ME  04457 | phone: (207)794-3321 fax: (207)794-6488lstubbs@pvhme.org |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/norway-urgent-care/) | Joseph Castorina, MD Jason Chretien, PA David Davidson, PA | 176 Main St, Suite 2 Norway, ME  04268 | phone: (207)743-7399 fax: (207)743-1589kristen.searles@concentra.com |
| [WorkHealth LLC](http://www.workhealthllc.org/) | Howard Jones, MDElizabeth Ross, NP | 125 Main StPittsfield, ME 04967 | phone: (207)487-3726fax: (207)487-5725 |
| [Bayside Employee Health Center](http://www.behc.net/) | Susan Upham, MD Jane Glass, DO Abby Sturmer, PA | 50 Sewall St 3rd floor, suite 301 Portland, ME  04102 | phone: (207)780-6631 fax: (207)780-6320clientservices@behc.net |
| [WorkHealth, LLC](http://www.workhealthllc.org/) | Howard Jones, MDGerald Lebel, NP | 195 Fore River PkwaySuite 300Portland, ME 04102 | phone: (207)879-3466fax: (207)879-3066 |
| [WorkHealth, LLC](http://www.workhealthllc.org/) | Pearl Garcia, NP Kenji Saito, MD | 19 North St Presque Isle, ME  04769 | phone: (207)768-4568 fax: (207)764-6459cbgrass@emhs.org |
| Raymond RediCare | Richard Wilkins, DO | 1278 Roosevelt Trail Raymond, ME  04071 | phone: (207) 655-6181 fax: (207) 655-6188raymondredicare@outlook.com |
| [Health Connections](http://penbayhealthcare.org/penbaymedicalcenter/service/Health_Connections/) | James Kilgour, MD Matt Turner, PA-C | 6 Glen Cove Dr Rockport, ME  04856 | phone: (207) 593-5566 fax: (207) 593-5341dwcollins@penbayhealthcare.org |
| [Central Maine Partners in Health](http://www.cmph1.com/index.html) | Alan Bean, MD Ian Buchan, PA-C Brian Townsend, APC Tom Willison, DC Tonya Matthews, MT/HT Bo Miller, PA | 254 Western Ave S. Portland, ME  04106 | phone: (207)741-0220 fax: (207)773-4109erinc@cmph1.com |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/portland-urgent-care/) | Stephen Brewster, MD Joseph Castorina, MD Jeanne Scheddel, DO Jessica Cyr, PA Bonnie Troubh, PA Ben Weinberg, MD | 85 Western Ave Units 6, 7 & 8 S. Portland, ME  04106 | phone: (207)774-7751 fax: (207)828-5140ericka.goodnow@concentra.comjaime.vachon@concentra.com |
| [U.S. Healthworks](http://www.ushealthworks.com/Medical-Center/Maine/Scarborough.html) | Peter Mason, DO Janet Hawkins Dale Martin, FNP | 400 Southborough Dr, South Portland, ME 04106 | phone: (207)761-1100fax: (207)761-3700elizabeth.salinger@ushworks.com |
| [SMHC Therapy Center & WorkWell](http://www.smhc.org/about-smhc/our-locations/sanford-smhc-therapy-center-workwell-13-july-street) | Paul Upham, MD Roberta Gerson, DO Erica Chaffey, PA-C | 13 July St Sanford, ME  04073 | phone: (207)490-7099fax: (207)490-7029sdmiller@smhc.org |
| Trenton Health Center | Chris Schleif, FNP Elaine Mangini, PA-C | 394 Bar Harbor Rd Trenton, ME  04605 | phone: (207)667-5841 fax: (207)801-5123marilyn.lynk@mdihospital.org |
| [Workplace Health](http://workplacehealth.mainegeneral.org/) | Nielson Haas, MD Ken McKenzie, MD Kevin Ward, ANP Susan Cruz, NP Vishnu Nancoo, APRN | Thayer Center 149 North St, 3rd Fl Waterville, ME  04901 | phone: (207)872-4260 fax: (207)872-4034workplacehealth@mainegeneral.org |
| [Occupational Health Associates](http://www.ohamaine.com/index.html) | Alexander Mesrobian, MD John Knowles, MD | 270 State Rd West Bath, ME  04530 | phone: (207)442-8625 fax: (207)442-8318 |