Workers' Compensation: 10 Day Providers   
(in order by city the facility is located)

|  |  |  |  |
| --- | --- | --- | --- |
| **Facility** | **Providers** | **Address** | **Contact Information** |
| [Central Maine Partners In Health](http://www.cmph1.com/) | Alan Bean, MD  Stacie Kunas, FNP  Ian Buchan, PA | 690 Minot Ave  Auburn, ME 04210 | phone: (207)783-0221  fax: (207)783-2121 [erinc@cmph1.com](mailto:erinc@cmph1.com) |
| [WorkMed](http://www.stmarysmaine.com/Community-Health/workmed.html) | Jonathan Torres, MD  Kathy Long, PA-C  Rosanne Marquis, NP | 15 Gracelawn Rd  Auburn, ME  04210 | phone:  (207)753-3080  fax: (207)753-3088 [bnormandeau@stmarysmaine.com](mailto:bnormandeau@stmarysmaine.com) |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/augusta-urgent-care/) | Joseph Castorina, MD  Jason Chretien, PA  Michael Blab, MD | 219 Capitol St  Augusta, ME  04330 | phone: (207)629-5005  fax: (207)629-5220 [mary.kenney@concentra.com](mailto:mary.kenney@concentra.com) |
| [Workplace Health](http://workplacehealth.mainegeneral.org/) | Nielson Haas, MD  Laurie Robinson, PA Kevin Ward, ANP  Gerald Hussar, FNP | 15 Enterprise Drive  Suite 200  Augusta, ME  04330 | phone: (207)621-7550  fax: (207)621-7551 [workplacehealth@mainegeneral.org](mailto:workplacehealth@mainegeneral.org) |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/bangor-urgent-care/) | Andrea Barr, FNP  Eric Semmel, PA  Ronald Oldfield, PA | 34 Gilman Rd  Bangor, ME  04401 | phone: (207)941-8300  fax: (207)947-3134 [val.grenier@concentra.com](mailto:val.grenier@concentra.com) |
| [St. Joseph WorkWell](http://www.stjoeshealing.org/our-services/specialty-services/WorkWell.asp) | Craig Curtis, MD  Sherrie Downing, PA-C  Mike Rizzo, FNP | 900 Broadway  Building 1  PO Box 403  Bangor, ME  04402 | phone: (207)907-3010  fax: (207)907-3011 [alicia.irish@sjhhealth.com](mailto:alicia.irish@sjhhealth.com) [terri.harnish@sjhhealth.com](mailto:terri.harnish@sjhhealth.com) |
| [WorkHealth LLC](http://www.workhealthllc.org/Home.aspx) | Howard Jones, MD Lisa Gordon, PA Tom Robinson, PA | 885 Union St Suite 215 Bangor, ME 04401 | phone: (207)973-7380 fax: (207)973-7328 |
| Health Connections | Tori Hall Lowe, PA Dr. Kilgour, Med. Dir. Matthew Turner, PA | 163 Northport Ave Belfast, ME 04915 | phone: (207)338-8412 fax: (207)930-2599 [dwcollins@penbayhealthcare.org](mailto:dwcollins@penbayhealthcare.org) |
| [WorkWell SMHC - Medical Center](http://www.smmc.org/medical-services-overview/workwell-occupational-health) | Paul Upham, MD  A. Desarno-Rubinoff, NP  James Longstaff, MD | One Medical Center Dr  Biddeford, ME  04005 | phone: (207)283-7600  fax: (207)283-7606 [sdmiller@smhc.org](mailto:sdmiller@smhc.org) |
| Concentra | Joseph Castorina, MD Jason Chretien, PA | 10 Hospital St Bridgton, ME 04268 | phone: (207)647-6063 fax: (207)647-6013 [kristen.searles@concentra.com](mailto:kristen.searles@concentra.com) |
| [US Healthworks](http://www.ushealthworks.com/Medical-Center/Maine/Brunswick.html) | Bart Decristosoro, PA | 11 Medical Center  Brunswick, ME  04011 | phone: (207)725-2697  fax: (207)729-4719 [stacey.hurd@ushworks.com](mailto:stacey.hurd@ushworks.com) |
| [WorkWise at Mayo Regional Hospital](http://www.mayohospital.com/depart/dept_workwise.php) | Eric Semmel, PA-C | 897 West Main St  Suite 200  Dover-Foxcroft, ME  04426 | phone: (207)564-4338  fax: (207)564-4370 [kwakefield@mayohospital.com](mailto:kwakefield@mayohospital.com) |
| [Coastal Health Center](http://www.coastalhealthcenter.com/) | Stephen Nightingale, MD  Shannon Curtis, FNP | 37 Commerce St  Ellsworth, ME  04605 | phone: (207)667-2422  fax: (207)667-0135 [jcushing@mainehospital.org](mailto:jcushing@mainehospital.org) |
| [Franklin Memorial Hospital](http://www.fchn.org/fmh/services/occupational-health) | Michael Rowland, MD  Joseph Conrad, PA | Stanley Health Center  111 Franklin Health Commons  Farmington, ME  04938 | phone: (207)779-2367  fax: (207)779-2585 [hgreenleaf@gchn.org](mailto:hgreenleaf@fchn.org) |
| [Katahdin Valley Health Center](http://kvhc.org/) | Audie Horne, PA-C  Robert Lemoine, FNP | 59 Bangor St  Houlton, ME  04730 | phone: (207)521-0022  fax: (207)528-2595 [ehagerman@kvhc.org](mailto:ehagerman@kvhc.org) |
| Arnold Memorial Medical Center | Steven Weisberger, DO  Terri Weisberger, NP Ryan Byers, PA  Melissa Moffett, PA | 70 Snare Creek Lane  Jonesport, ME  04649 | phone: (207)497-5614  fax: (207)497-5554 Send medical records to Tracy at [medrecords@ammc.us](mailto:medrecords@ammc.us) Send admin requests to Laurie at [lauriec@ammc.us](mailto:lauriec@ammc.us) |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/lewiston-urgent-care/) | Stephen Brewster, MD  David Davidson, PA-C  Jason Chretien, PA  Suzanne Meub, NP | 59 East Ave  Lewiston, ME  04240 | phone: (207)784-1680  fax: (207)783-9649 [karen.ouellette@concentra.com](mailto:karen.ouellette@concentra.com) [sandra.myers@concentra.com](mailto:sandra.myers@concentra.com) |
| [Health Access Network](http://www.hanfqhc.org/) | Bud Staley, PA-C  Chris Mannari, PA-C | 175 West Broadway  PO Box 99  Lincoln, ME  04457 | phone: (207)794-6700  fax: (207)794-6777 [rdrost@hansqhc.org](mailto:rdrost@hansqhc.org) [jleblanc@hansqhc.org](mailto:jleblanc@hansqhc.org) |
| [Penobscot Valley Hospital](http://www.pvhme.org/pvh.nsf/HomePage/Home) | Carl Alessi, MD  Bill Head, PA | 7 Transalpine Rd  Lincoln, ME  04457 | phone: (207)794-3321  fax: (207)794-6488 [lstubbs@pvhme.org](mailto:lstubbs@pvhme.org) |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/norway-urgent-care/) | Joseph Castorina, MD  Jason Chretien, PA  David Davidson, PA | 176 Main St, Suite 2  Norway, ME  04268 | phone: (207)743-7399  fax: (207)743-1589 [kristen.searles@concentra.com](mailto:kristen.searles@concentra.com) |
| [WorkHealth LLC](http://www.workhealthllc.org/) | Howard Jones, MD Elizabeth Ross, NP | 125 Main St Pittsfield, ME 04967 | phone: (207)487-3726 fax: (207)487-5725 |
| [Bayside Employee Health Center](http://www.behc.net/) | Susan Upham, MD  Jane Glass, DO  Abby Sturmer, PA | 50 Sewall St  3rd floor, suite 301  Portland, ME  04102 | phone: (207)780-6631  fax: (207)780-6320 [clientservices@behc.net](mailto:clientservices@behc.net) |
| [WorkHealth, LLC](http://www.workhealthllc.org/) | Howard Jones, MD Gerald Lebel, NP | 195 Fore River Pkway Suite 300 Portland, ME 04102 | phone: (207)879-3466 fax: (207)879-3066 |
| [WorkHealth, LLC](http://www.workhealthllc.org/) | Pearl Garcia, NP  Kenji Saito, MD | 19 North St  Presque Isle, ME  04769 | phone: (207)768-4568  fax: (207)764-6459 [cbgrass@emhs.org](mailto:cbgrass@emhs.org) |
| Raymond RediCare | Richard Wilkins, DO | 1278 Roosevelt Trail  Raymond, ME  04071 | phone: (207) 655-6181  fax: (207) 655-6188 [raymondredicare@outlook.com](mailto:raymondredicare@outlook.com) |
| [Health Connections](http://penbayhealthcare.org/penbaymedicalcenter/service/Health_Connections/) | James Kilgour, MD  Matt Turner, PA-C | 6 Glen Cove Dr  Rockport, ME  04856 | phone: (207) 593-5566  fax: (207) 593-5341 [dwcollins@penbayhealthcare.org](mailto:penbayhealthcare.org) |
| [Central Maine Partners in Health](http://www.cmph1.com/index.html) | Alan Bean, MD  Ian Buchan, PA-C  Brian Townsend, APC  Tom Willison, DC  Tonya Matthews, MT/HT  Bo Miller, PA | 254 Western Ave  S. Portland, ME  04106 | phone: (207)741-0220  fax: (207)773-4109 [erinc@cmph1.com](mailto:erinc@cmph1.com) |
| [Concentra](http://www.concentra.com/urgent-care-centers/maine/portland-urgent-care/) | Stephen Brewster, MD  Joseph Castorina, MD  Jeanne Scheddel, DO  Jessica Cyr, PA  Bonnie Troubh, PA  Ben Weinberg, MD | 85 Western Ave  Units 6, 7 & 8  S. Portland, ME  04106 | phone: (207)774-7751  fax: (207)828-5140 [ericka.goodnow@concentra.com](mailto:ericka.goodnow@concentra.com) [jaime.vachon@concentra.com](mailto:jaime.vachon@concentra.com) |
| [U.S. Healthworks](http://www.ushealthworks.com/Medical-Center/Maine/Scarborough.html) | Peter Mason, DO  Janet Hawkins  Dale Martin, FNP | 400 Southborough Dr, South Portland, ME 04106 | phone: (207)761-1100 fax: (207)761-3700 [elizabeth.salinger@ushworks.com](mailto:elizabeth.salinger@ushworks.com) |
| [SMHC Therapy Center & WorkWell](http://www.smhc.org/about-smhc/our-locations/sanford-smhc-therapy-center-workwell-13-july-street) | Paul Upham, MD  Roberta Gerson, DO  Erica Chaffey, PA-C | 13 July St  Sanford, ME  04073 | phone: (207)490-7099 fax: (207)490-7029 [sdmiller@smhc.org](mailto:sdmiller@smhc.org) |
| Trenton Health Center | Chris Schleif, FNP  Elaine Mangini, PA-C | 394 Bar Harbor Rd  Trenton, ME  04605 | phone: (207)667-5841  fax: (207)801-5123 [marilyn.lynk@mdihospital.org](mailto:marilyn.lynk@mdihospital.org) |
| [Workplace Health](http://workplacehealth.mainegeneral.org/) | Nielson Haas, MD  Ken McKenzie, MD  Kevin Ward, ANP  Susan Cruz, NP  Vishnu Nancoo, APRN | Thayer Center  149 North St, 3rd Fl  Waterville, ME  04901 | phone: (207)872-4260  fax: (207)872-4034 [workplacehealth@mainegeneral.org](mailto:workplacehealth@mainegeneral.org) |
| [Occupational Health Associates](http://www.ohamaine.com/index.html) | Alexander Mesrobian, MD  John Knowles, MD | 270 State Rd  West Bath, ME  04530 | phone: (207)442-8625  fax: (207)442-8318 |